

# INTRODUCTIONS



## INTRODUCTIONS 10-15 MIN

- Name
- Where do you call home?
- Share a favorite takeout restaurant and/or your favorite place you have visited?

## GROUP NORMS - 5 MIN

Review the group guidelines document together and note anything you want to add or amend. These guidelines can help everyone know what is expected and start the group off with a posture of curiosity, love, and generosity towards each other.



## BACKGROUND 20 MIN



- What made you want to join this study or what are you hoping to learn/unlearn?
- In your own words, share a little about your faith/church/spiritual background?
- What is something you have appreciated about your faith journey?
- Name one or two questions you are asking about God/faith/Church/Christianity etc.

## CLOSING INVITATIONS

As you close your time each week have each person share a word or phrase that summarizes what has been standing out to them this week - OR - a word or phrase that they will want to take into the week ahead. (Group facilitator can adjust the phrasing as it suits the group's conversation.)



## PERSONAL AWARENESS



Invitation to PAUSE. We all come with unique experiences and stories that we cannot know by looking at each other. We will do our best to be aware of our own reactions and hold assumptions at an arm's length. We will do our best to communicate hurts or misunderstandings knowing that impact matters, not just intention.

## NOTES FOR READING

- Where do you slow down or speed up
- jot down feelings that come up
- Note new history you learn
- Places of agreement, wow!, huh?, questions
- Memories that are brought up



Come up with your own shorthand or symbols

